



Health and Wellness SHSM - Resurrection

Courses listed will count towards ANY pathway for SHSM (Apprenticeship, College, University, Workplace)

Credits can only be counted once; for example HRF30 cannot count as both a Major Credit AND an Other Credit

Major Credits			
ANY Combination of 4 Major Credits are required; up to 3 ADDITIONAL Co-op credits can count as Major Credits			
Major Credits in Grade 11		Major Credits in Grade 12	
Media Arts	ASM30	Dance	ATC4M
Dance	ATC3M	Families in Canada	HHS4U
Parenting	HPC30	Working with School-Age Children and Adolescents	HPD4C
World Religions	HRF30, HRT3M	Challenge and Change in Society	HSB4U
Introduction to Anthropology, Psychology, and Sociology	HSP3C, HSP3U	Interdisciplinary Studies	IDC4U
		Indigenous Perspectives	NDW4M
Physical Education	PPL30, PAL30, PAF30, PAI30,	Physical Education	PAF40, PAI40, PPL40
Health for Life	PPZ3C	Phys Ed Leadership	PLF4M
Biology	SBI3C, SBI3U	Kinesiology	PSK4U
Chemistry	SCH3U	Biology	SBI4U
Physics	SPH3U	Chemistry	SCH4C, SCH4U
Hospitality	TFB3E, TFC3E, TFJ3E	Workplace Science	SNC4E
Hairstyling and Aesthetics	TXH3E	Physics	SPH4C, SPH4U
Health Care	TPJ3M/C	Hospitality and Baking	TFC4E, TFJ4E, TFB4E
		Hairstyling and Aesthetics	TXH4E
Dual Credit Courses include: Manicures (TXK4T), Makeup (TXI4T), PSW (HIC4T), Health Care (PHA4T), Psychology Today (HBF4T), ECE (TOB4T), and Criminology today (HCC4T)			
E-learning credits earned through PRISM may be eligible to fulfill major course requirements in your sector.			
Please see your Guidance Counselor for more information.			

Co-op Credits
2 Co-op credits are the basic SHSM requirement
Co-op Credits can be Regular Co-op, Summer Co-op, or UCEP, your Dual Credit program, or through Credits@Work at St. Louis. See Guidance for more information.

Choose 1 Other Credit from the list below (or an ADDITIONAL Major OR Co-op Credit)			
Entrepreneurship	BDI3C	Math - Workplace	MEL3E, MEL4E
Social Media Marketing	BDV4C	English - Native Studies	NBE3C, NBE3U
Learning Strategies	GLE4O	Indigenous Perspectives	NDW4M
Families in Canada	HHS4U	Ontario Literacy Course	OLC4O
Parenting	HPC30	Kinesiology	PSK4U
Working with School-Age Children and Adolescents	HPD4C	Biology	SBI3C, SBI3U, SBI4U
World Religions	HRF30, HRT3M	Chemistry	SCH3U, SCH4C, SCH4U
Challenge and Change in Society	HSB4U	Workplace Science	SNC4E
Introduction to Anthropology, Psychology, and Sociology	HSP3C, HSP3U	Physics	SPH3U, SPH4C, SPH4U
Computer Science	ICS3C, ICS3U, ICS4C, ICS4U		

English
Choose 1 English Credit
ENG3C or ENG4C - English, College
ENG3E or ENG4E - English, Workplace/Apprenticeship
ENG3U or ENG4U - English, University
NBE3C or NBE3U - Understanding Contemporary First Nations, Métis, & Inuit Voices
OLC4O - Ontario Secondary School Literacy Course

Mathematics	
Choose 1 Math Credit	
Calculus and Vectors	MCV4U
Foundations for College Mathematics	MBF3C, MAP4C
Functions	MCF3M, MCR3U MHF4U
Mathematics and Data Management	MDM4U
Mathematics for College Technology	MCT4C
Mathematics for Work and Everyday Life	MEL3E, MEL4E