



Health and Wellness SHSM - Monsignor Doyle

Courses listed will count towards ANY pathway for SHSM (Apprenticeship, College, University, Workplace)

Credits can only be counted once; for example HRF30 cannot count as both a Major Credit AND an Other Credit

Major Credits			
ANY Combination of 4 Major Credits are required; up to 3 ADDITIONAL Co-op credits can count as Major Credits			
Major Credits in Grade 11		Major Credits in Grade 12	
World Religions	HRF30, HRT3M	Families in Canada	HSB4U
Introduction to Anthropology, Psychology, and Sociology	HSP3C, HSP3U	Interdisciplinary Studies	IDC4U
Aboriginal Beliefs, Values, and Aspirations	NBV3E	Physical Education	PAF4O, PPL4O, PAD4O
Physical Education	PAF3O, PPL3O, PAD3O	Phys Ed Leadership	PLF4M
Biology	SBI3C, SBI3U	Kinesiology	PSK4U
Chemistry	SCH3U	Biology	SBI4U
Physics	SPH3U	Chemistry	SCH4C, SCH4U
Hospitality	TFJ3E	Physics	SPH4C, SPH4U
Hairstyling and Aesthetics	TXJ3E	Hospitality	TFJ4E
Health Care	TPJ3M	Child Development and Gerontology	TOJ4C
		Hairstyling and Aesthetics	TXJ4E
Dual Credit Courses include: Manicures (TXK4T), Makeup (TXI4T), PSW (HIC4T), Health Care (PHA4T), Psychology Today (HBF4T), ECE (TOB4T), and Criminology today (HCC4T)			
E-learning credits earned through PRISM may be eligible to fulfill major course requirements in your sector.			
Please see your Guidance Counselor for more information.			

Co-op Credits
2 Co-op credits are the basic SHSM requirement
Co-op Credits can be Regular Co-op, Summer Co-op, or UCEP, your Dual Credit program, or through Credits@Work at St. Louis. See Guidance for more information.

Choose 1 Other Credit from the list below (or an ADDITIONAL Major OR Co-op Credit)			
Learning Strategies	GLE4O, GLS4O	Aboriginal Beliefs, Values, and Aspirations	NBV3E
World Religions	HRF30, HRT3M	Ontario Literacy Course	OLC4O
Challenge and Change in Society	HSB4U	Kinesiology	PSK4U
Introduction to Anthropology, Psychology, and Sociology	HSP3C, HSP3U	Biology	SBI3C, SBI3U, SBI4U
Computer Science	ICS3C, ICS3U, ICS4C, ICS4U	Chemistry	SCH3U, SCH4C, SCH4U
Math - Workplace	MEL3E, MEL4E	Physics	SPH3U, SPH4C, SPH4U

English
Choose 1 English Credit
ENG3C or ENG4C - English, College
ENG3E or ENG4E - English, Workplace/Apprenticeship
ENG3U or ENG4U - English, University
NBE3C or NBE3U - Understanding Contemporary First Nations, Métis, & Inuit Voices
OLC4O - Ontario Secondary School Literacy Course

Mathematics	
Choose 1 Math Credit	
Calculus and Vectors	MCV4U
Foundations for College Mathematics	MBF3C, MAP4C
Functions	MCF3M, MCR3U MHF4U
Mathematics and Data Management	MDM4U
Mathematics for College Technology	MCT4C
Mathematics for Work and Everyday Life	MEL3E, MEL4E