



Health and Wellness SHSM - St. David

Courses listed will count towards ANY pathway for SHSM (Apprenticeship, College, University, Workplace)

Credits can only be counted once; for example HRF30 cannot count as both a Major Credit AND an Other Credit

Major Credits			
ANY Combination of 4 Major Credits are required; up to 3 <i>ADDITIONAL</i> Co-op credits can count as Major Credits			
Major Credits in Grade 11		Major Credits in Grade 12	
World Religions	HRF30, HRT3M	Families in Canada	HSB4U
Introduction to Anthropology, Psychology, and Sociology	HSP3C, HSP3U	Philosophy	HZT4U
Physical Education	PAF30, PPL3O	Contemporary Indigenous Issues and Perspectives in a Global Context	NDW4M
Biology	SBI3C, SBI3U	Phys Ed Leadership	PLF4M
Chemistry	SCH3U	Physical Education	PPL4O
Physics	SPH3U	Kinesiology	PSK4U
Baking	TFB3E	Biology	SBI4U
Hospitality	TFJ3E	Chemistry	SCH4C, SCH4U
Health Care	TPJ3M	Physics	SPH4U, SPH4C
Hairstyling and Aesthetics	TXJ3E	Hospitality	TFC4E, TFJ4E
		Healthcare	TPJ4M
		Hairstyling and Aesthetics	TXJ4E
Dual Credit Courses include: Manicures (TXK4T), Makeup (TXI4T), PSW (HIC4T), Health Care (PHA4T), Psychology Today (HBF4T), ECE (TOB4T), and Criminology today (HCC4T).			
E-learning credits earned through PRISM may be eligible to fulfill major course requirements in your sector.			
Please see your Guidance Counselor for more information.			

Co-op Credits
2 Co-op credits are the basic SHSM requirement
Co-op Credits can be Regular Co-op, Summer Co-op, or UCEP, your Dual Credit program, or through Credits@Work at St. Louis. See Guidance for more information.

Choose 1 Other Credit from the list below (or an <i>ADDITIONAL</i> Major OR Co-op Credit)			
Entrepreneurship	BDI3C - elearn	Math - Workplace	MEL3E
Learning Strategies	GLS4O	English - Native Studies	NBE3C, NBE3U
World Religions	HRF30, HRT3M	Contemporary Indigenous Issues and Perspectives in a Global Context	NDW4M
Challenge and Change in Society	HSB4U	Ontario Literacy Course	OLC4O
Introduction to Anthropology, Psychology, and Sociology	HSP3C, HSP3U	Kinesiology	PSK4U
Philosophy	HZT4U	Biology	SBI3C, SBI3U, SBI4U
Computer Science	ICS3U, ICS4U	Chemistry	SCH3U, SCH4C, SCH4U
		Physics	SPH3U, SPH4U, SPH4C

English
Choose 1 English Credit
ENG3C or ENG4C - English, College
ENG3E or ENG4E - English, Workplace/Apprenticeship
ENG3U or ENG4U - English, University
NBE3C or NBE3U - Understanding Contemporary First Nations, Métis, & Inuit Voices
OLC4O - Ontario Secondary School Literacy Course

Mathematics	
Choose 1 Math Credit	
Calculus and Vectors	MCV4U
Foundations for College Mathematics	MBF3C, MAP4C
Functions	MCF3M, MCR3U MHF4U
Mathematics and Data Management	MDM4U
Mathematics for College Technology	MCT4C
Mathematics for Work and Everyday Life	MEL3E, MEL4E