

### SBI3U RUBRIC – NUTRIENTS AND DIGESTION ASSIGNMENT

Categories	Level 1 50-59%	Level 2 60-69%	Level 3 70-79%	Level 4 80-100%
<b>Knowledge &amp; Understanding</b> Identifies the roles of fibre and water in the body Identifies the food sources of a variety of nutrients	Demonstrates limited knowledge of content	Demonstrates some knowledge of content	Demonstrates considerable knowledge of content	Demonstrates thorough knowledge of content
<b>Knowledge &amp; Understanding</b> Identifies the functions of the nutrients from the ingredients	Demonstrates limited understanding of content	Demonstrates some understanding of content	Demonstrates considerable understanding of content	Demonstrates thorough understanding of content
<b>Thinking &amp; Inquiry</b> Identifies the digestive, absorption and metabolic process for the major nutrients	Uses critical/creative thinking processes, skills and strategies with limited effectiveness	Uses critical/creative thinking processes, skills and strategies with some effectiveness	Uses critical/creative thinking processes, skills and strategies with considerable effectiveness	Uses critical/creative thinking processes, skills and strategies with a high degree of effectiveness
<b>Communication</b> Uses correct terminology in charts and answers Presents report in complete, neat, organized and creative manner	Expresses and organizes ideas and information with limited effectiveness	Expresses and organizes ideas and information with some effectiveness	Expresses and organizes ideas and information with considerable effectiveness	Expresses and organizes ideas and information with a high degree of effectiveness
<b>Application</b> Forms conclusions regarding common nutrient values of food	Applies knowledge and skills to unfamiliar contexts with limited effectiveness	Applies knowledge and skills to unfamiliar contexts with some effectiveness	Applies knowledge and skills to unfamiliar contexts with considerable effectiveness	Applies knowledge and skills to unfamiliar contexts with a high degree of effectiveness
<b>Application</b> Explains how the recipe could be incorporated into a healthy diet	Proposes courses of practical action of limited effectiveness	Proposes courses of practical action of some effectiveness	Proposes courses of practical action of considerable effectiveness	Proposes highly effective courses of practical action